

9D7N

中国云南  
CHINA YUNNAN

LOVELY  
VACATION  
WHERE HAPPINESS BEGINS

一步天堂 | 震撼心灵的绝美之旅

A STEP INTO PARADISE, AN AWE-INSPIRING JOURNEY

# 巴拉格宗

踏上这段全景式的云南之旅，  
从玉龙雪山的巍峨壮丽，到巴拉格宗的神秘壮观；  
在昆明，感受春城四季如春的怡人气候；漫步大理，体验白族文化和苍山洱海的秀美风光；  
徜徉丽江古镇，品味小桥流水的浪漫柔情；最后抵达香格里拉，领略如诗如画的人间仙境。  
每一站都有独特的风情与魅力，

玉龙雪山+巴拉格宗+昆明+大理+丽江+香格里拉

JADE DRAGON SNOW MOUNTAIN + BALAGEZONG + KUNMING + DALI + LIJIANG + SHANGRILA

TOUR CODE: 9KSL

无购物站 & 无自费项目 NO SHOPPING STOP | NO OPTIONAL TOUR



往返机票

RETURN AIRFARE



酒店住宿

ACCOMMODATION



膳食餐饮

MEALS



交通接送

TRANSPORTATION



导游服务

TOUR GUIDE



景区门票

ADMISSION TICKET



特色景点

ATTRICTIONS



# 特色亮点

## TOUR HIGHLIGHT

TOUR BY LOVELY VACATION (TOUR CODE: 9KSL)

独家  
安排



游览仙人遗田  
**香格里拉白水台**

Visit the Immortal's Field  
and a journey to  
**Shangri-La's Bai Shui Terrace**

特别  
赠送



由张艺谋执导的  
**《印象·丽江》歌舞表演**

Watch the large-scale live  
performance of "**Impressions of  
Lijiang**" directed by Zhang Yimou



5A级旅游景区  
**纳西族人的神山-玉龙雪山**

**Jade Dragon Snow Mountain**  
5A tourist attraction and the sacred  
mountain of the Naxi people.

特别  
安排



尊享体验  
**2+1 VIP游览巴士**

SPECIAL ARRANGEMENT  
**VIP Premium 2+1 Executive  
Coach**

特别  
安排



节省高达8个小时的车程  
**乘坐单程高铁直达香格里拉**

**One-way High-speed rail from  
Kunming to Shangri-La**  
(saving up to 8 hours)

特别  
安排



一个与世隔绝的世外桃源  
**香格里拉秘境巴拉格宗**

Visit the  
Shangri-La Hidden Gem  
**Balagezong Scenic Area**

特别  
安排



**少数民族特色餐**

(马帮菜, 藏族土司宴, 彝族风味+抬菜舞, 丽江古城风味, 过桥米线, 野生菌火锅, 虹鳟鱼火锅)

**Savor ethnic minority delicacies,**  
a taste of authentic  
cultural cuisine.

特别  
安排



**传统特色藏装体验**

享有小布达拉宫美誉之称的  
「噶丹·松赞林寺」游玩自拍

**Experience traditional Tibetan  
attire** and freely take photos at  
Songzanlin Monastery.

特别  
赠送



**吉普车花海摆拍**

免费赠送专业摄影  
吉普车与大理洱海合影

**Free Professional Photography  
Capture Stunning Photos with a  
Jeep and Dali's Erhai Lake**



## 葛丹·松赞林寺 Gedan Songzanlin Monastery ●

葛丹·松赞林寺是一座壮丽的藏传佛教寺院，被誉为“东方的拉萨”，寺内有众多佛塔、佛像和经幡，周围环绕着雄伟的雪山和茂密的松林。

Gedan Songzanlin Monastery is a magnificent Tibetan Buddhist monastery, known as the "Eastern Potala Palace". The monastery is adorned with numerous stupas, statues of Buddhas, and prayer flags, surrounded by majestic snow-capped mountains and dense pine forests.



## ● 巴拉格宗香格里拉大城谷国东公园 Balagezong Scenic Area

巴拉格宗香格里拉大城谷国东公园是一处壮丽的自然景区，以其雄伟的峡谷和独特的地貌而闻名。这里有险峻的悬崖峭壁、清澈的溪流和丰富的植被，是户外探险和风景摄影的理想之地。

Balagezong Scenic Area in Shangri-La Grand Canyon is a magnificent natural area renowned for its majestic canyons and unique landscapes. It features steep cliffs, clear streams, and abundant vegetation, making it an ideal destination for outdoor adventure and scenic photography.



## 白水台 Baishui Terrace

白水台是一处令人叹为观止的自然奇观，位于中国云南省香格里拉市。这里的石灰台阶由泉水形成，水流缓缓流下，形成了绚丽多彩的景观，被誉为世界自然遗产。

Baishui Terrace is a breathtaking natural wonder located in Shangri-La, Yunnan Province, China. The limestone terraces are formed by spring water gently flowing down, creating a colorful and spectacular landscape. It is acclaimed as a UNESCO World Natural Heritage site.



## 丽江古城 Lijiang Ancient Town

中国云南省的一个历史悠久的古老城镇，被联合国教科文组织列为世界文化遗产。这座古城保存完好，有着独特的纳西文化和精美的传统建筑，蜿蜒的小巷、古色古香的街道和古老的石桥构成了其独特的风貌。

A historic ancient town located in Yunnan Province, China, recognized as a UNESCO World Cultural Heritage site. This well-preserved ancient town boasts unique Naxi culture and exquisite traditional architecture. Its winding alleys, quaint streets, and ancient stone bridges contribute to its distinctive charm.



# 景点特色

ATTRACTIONS FEATURES

TOUR BY LOVELY VACATION (TOUR CODE: 9KSL)



## 玉龙雪山风景区 Jade Dragon Snow Mountain Scenic Area

玉龙雪山风景区位于中国云南省丽江市境内，是一处壮丽的自然景区。这座雪山以其雄伟的山峰和绵延的雪域而闻名，是中国最著名的雪山之一。风景区内还有丰富的植被和奇特的地貌和丰富的生态资源。

The Jade Dragon Snow Mountain Scenic Area is located in Lijiang City, Yunnan Province, China, and it is a magnificent natural area. This snow-capped mountain is renowned for its majestic peaks and extensive snow-covered areas, making it one of the most famous mountains in China.



## 大理古城 Dali Ancient City

一座历史悠久的古城镇，被誉为中国西南地区的“历史名城”。这座古城保存完好，有着悠久的历史和丰富的文化遗产，融合了汉、白、藏、傣等多种民族文化特色，其独特的建筑风格和古老的街道令人叹为观止。

Dali Ancient City is located in Dali City, Yunnan Province, China, and it is a historic ancient town renowned as a "historical city" in southwestern China. This well-preserved ancient city has a long history and rich cultural heritage, blending various ethnic cultural characteristics such as Han, Bai, Tibetan, and Dai. Its unique architectural style and ancient streets are truly remarkable.



# 景点特色

ATTRACTIONS FEATURES

TOUR BY LOVELY VACATION (TOUR CODE: 9KSL)



## 理想邦-大理圣托里尼 Ideal Paradise - Dali's Santorini

以其别具特色的白色建筑和蓝色屋顶而闻名，仿若置身于地中海风情之中。漫步其中，感受独特的文化氛围，探寻古老的街道和迷人的小店，沉浸在浪漫而神秘的氛围中。

Renowned for its unique white buildings and blue rooftops, reminiscent of the Mediterranean charm. Stroll through its streets, immerse yourself in the distinctive cultural ambiance, explore ancient alleys and charming boutiques, and indulge in the romantic and mysterious atmosphere.



## ● 龟山公园 Gui Shan Park

龟山公园建立于康熙年间，此园依山而建，山顶是朝阳楼，高三层，登上楼顶，日月城尽收眼底。山脚下是可供全镇人饮用的古井，清冽甘甜。公园内的龟山寺和转经筒，为公园里最具特色的建筑。

Guishan Park, built during the Kangxi era, features the Chaoyang Tower atop its summit, offering panoramic views of the city. An ancient well at the foot provides fresh water, while the park's highlights include Gui Shan Temple and prayer wheels, reflecting its rich cultural heritage.



# 住宿预览

ACCOMMODATION

TOUR BY LOVELY VACATION (TOUR CODE: 9KSL)



## 海航飞行酒店 或同级

HNA Flight Hotel or similar

昆明 KUNMING

一家以航空主题为特色的酒店。酒店内部装饰以航空元素为主题，客房设计仿照飞机客舱，为客人营造出身处云端的感觉。

A themed hotel with aviation-inspired décor located in Kunming, China. The hotel rooms are designed to resemble airplane cabins, providing guests with a unique experience of being in the clouds.



## 华美达酒店 或同级

Ramada By Wyndham Diqing Hotel or similar

香格里拉 SHANGRI-LA

一家位于香格里拉的酒店，提供舒适的住宿和周到的服务。酒店设施齐全，拥有豪华客房和套房，配备现代化设施。

Ramada By Wyndham Diqing Hotel is a hotel located in Shangri-La, offering comfortable accommodation and attentive service. The hotel is well-equipped with luxurious rooms and suites, equipped with modern facilities.



## 滇菌王酒店 或同级

Lijiang DianJunWang Hotel or similar

丽江 LIJIANG

酒店融合了纳西文化元素，采用传统建筑手法，以精美的木雕和传统纳西织锦点缀，营造出独特的地方风情，为宾客带来愉悦而难忘的入住体验。

The hotel blends Naxi cultural elements with traditional architecture, featuring exquisite wood carvings and Naxi tapestries, offering guests a delightful and memorable stay experience.



## 同兴堂酒店 或同级

Tongxingtan Inn Hotel or similar

大理 DALI

同兴堂酒店以其独特的文化底蕴和古典建筑风格，坐落于大理古城内，提供精致舒适的住宿环境，让客人沉浸在历史与现代的交融之中。

TongXingTang Inn Hotel, nestled in the heart of Dali Ancient Town, seamlessly blends classical architecture with modern comforts, offering guests an exquisite and comfortable stay experience steeped in cultural heritage.



## 温泉半岛度假酒店 或同级

Hotspring Peninsula Resort Hotel or similar

安宁 ANNING

坐落于云南省昆明市安宁区，依山傍水，环境幽静。酒店拥有丰富的温泉资源，提供多种温泉池和SPA服务，让客人尽情享受身心放松的体验。

Offers a serene environment surrounded by mountains and waters. With abundant hot spring resources, it provides various pools and spa services for guests to relax and rejuvenate.



# 行程细节

## TOUR ITINERARY

TOUR BY LOVELY VACATION (TOUR CODE: 9KSL)

### 1 第一天

#### 吉隆坡国际机场 - 昆明 (机上用餐)

- 机场集合办理登记手续，前往昆明。抵达后，入住酒店休息。

### 2 第二天

#### 昆明 - 香格里拉 (早/午/晚)

- 乘坐高铁前往香格里拉
- 葛丹·松赞林寺 (含电瓶车)：香格里拉的一座历史悠久壮丽的藏传佛教寺院。
- 藏族服装体验：穿上传统的藏族服装，亲身感受藏族文化的魅力。

### 3 第三天

#### 香格里拉 (早/午/晚)

- 巴拉格宗香格里拉大城谷国家公园：提供环保车服务，便捷游览公园内的壮丽景色。
- 回音壁 - 玻璃栈道 - 天然佛塔
- 独克宗古城：保存完好的古老藏族城镇，具有丰富的历史文化和传统建筑。
- 龟山公园：拥有世界上最大的转经筒，全景观赏独克宗古城和雪山景色的最佳地点。

### 4 第四天

#### 香格里拉 - 丽江 (早/午/晚)

- 白水台：享受白水台的壮丽景色，俯瞰云南大地，感受大自然的鬼斧神工。
- 虎跳峡 (含扶梯)：体验虎跳峡的壮观景色，乘坐扶梯穿越峡谷。
- 丽江古城：漫步于丽江古城的石板路上，感受古老文化的韵味。

### 5 第五天

#### 丽江 (早/午/晚)

- 玉龙雪山风景区 (含大索道+环保车)：纳西族心中的神山，共有13座山峰连绵起伏，宛如银龙飞舞而得名。  
(\*视天气情况而定，如果大索道关闭，将改由小索道-云杉坪取代)

**特别赠送：观看由张艺谋编导的大型歌舞秀-印象丽江** (\*若表演因天气欠佳而取消，将不予退款)

- 白水河：由雪山融水汇集而成，河床由白色石灰岩组成，阳光照射下泛出碧蓝色，形成美丽的天然景观。
- 蓝月谷：以其碧波荡漾、宛如仙境的湖泊而闻名。湖水倒映着周围的雪山和树木，景色宁静幽美。
- 玉水寨：一个以自然景观和少数民族文化为主题的景区，寨内有原生态的村庄和田园风光。
- 黑龙潭公园：

### 6 第六天

#### 丽江 - 大理 (早/午/晚)

- 大理S湾洱海生态廊道：沿着S湾洱海生态廊道漫步，欣赏湖光山色，感受大自然的美妙。
- 吉普车花海拍照：欣赏五彩斑斓的花海景色，并留下美好瞬间的拍照回忆。
- 喜洲古城：漫步在喜洲古城的石板路上，感受其悠久的历史文化氛围。

### 7 第七天

#### 大理 - 安宁 (早/午/晚)

- 大理古城：感受古老文化的韵味，探索其独特的历史与建筑风格。
- 理想邦-大理圣托里尼 (含下午茶)：体验大理版的圣托里尼风情，享受美妙的下午茶时光。
- 入住温泉酒店 (泳衣自备)：在温泉酒店尽情享受泡温泉的舒适惬意。

### 8 第八天

#### 安宁 - 昆明 - 吉隆坡 (早/午/晚)

- 大观楼：登临大观楼，俯瞰古城美景，感受大理的壮丽风光。
- 南屏步行街：漫步于南屏步行街，体验地道的大理文化和购物美食的乐趣。
- 金马碧鸡坊：探访金马碧鸡坊，领略其悠久的历史，感受古城的韵味与风情。
- 送往机场，结束美好的旅程

### 9 第九天

#### 抵达吉隆坡 (机上用餐)



巴拉格宗



玉龙雪山



丽江古城

\*所列明行程、餐饮和住宿安排的顺序可能会由当地地接运营商根据实际的天气情况进行最终确定。





# 行程细节

## TOUR ITINERARY

TOUR BY LOVELY VACATION (TOUR CODE: 9KSL)

### D1 KUALA LUMPUR - KUNMING (MEAL ON BOARD)

- Depart from Kuala Lumpur International Airport to Kunming.
- Check in hotel

### D2 KUNMING - SHANGRILA (BREAKFAST/LUNCH/DINNER)

- High speed train to Shangrila
- Gedan Songzanlin Temple (Included Buggy)
- Tibetan Custom Experience

### D3 SHANGRILA (BREAKFAST/LUNCH/DINNER)

- Balagezong Scenic Area (Includes Electric Car)
- Bodhi Tree - Echo Wall - Plank road - Dukezong Ancient City - Gui Shan Park

### D4 SHANGRI-LA - LIJIANG (BREAKFAST/LUNCH/DINNER)

- Baishui Terrace
- Tiger Leaping Gorge (Elevator Included)
- Transfer to Lijiang
- Lijiang Ancient Town

### D5 LIJIANG (BREAKFAST/LUNCH/DINNER)

• Jade Dragon Snow Mountain (Cableway)  
(Subjected to weather condition, if Glaxier Park cableway is close, will be replace by Spruce Meadow Cableway)

- Special FREE: Impression of Lijiangshow Directed by Zhang Yimou (Subject to weather conditions)
- Baishui River
- Blue Moon Valley
- Yushui Village
- Black Dragon Pool Park

### D6 LIJIANG (BREAKFAST/LUNCH/DINNER)

- Erhai Lake Ecological Corridor
- Photography with Jeep
- Xizhou Ancient Town

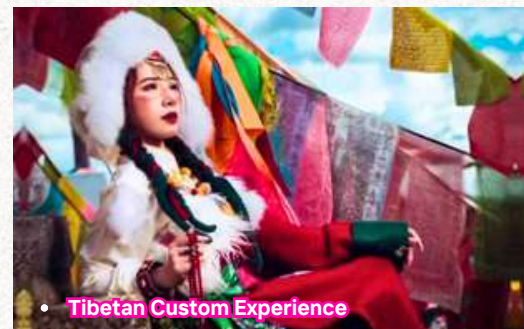
### D7 LIJIANG - KUNMING (BREAKFAST/LUNCH/DINNER)

- Ideal State - Dali Santorini (Include afternoon tea)
- The ancient city of Dali
- Check in Hot Spring Hotel (Prepare Swim Suit)

### D8 KUNMING - KUALA LUMPUR (BREAKFAST/LUNCH/DINNER)

- Grand View Tower
- Nanping Pedestrian Street
- Golden Horse Emerald Rooster Archway
- After dinner transfer to airport

### D9 KUALA LUMPUR (MEAL ON BOARD)





## ★ 特色亮点 HIGHLIGHT

- 游览仙人遗田香格里拉白水台
- 5A级旅游景区：纳西族人的神山-玉龙雪山（含大索道）
- 一个与世隔绝的世外桃源：香格里拉秘境巴拉格宗
- 节省高达8个小时的车程乘坐单程高铁直达香格里拉
- 特别赠送：由张艺谋执导的《印象·丽江》歌舞表演

- 免费赠送专业摄影：吉普车与大理洱海合影
- 特别安排：尊享体验2+1 VIP游览巴士
- 特别安排：传统特色藏装体验@小布达拉宫游玩自拍
- 特别安排：入住一晚温泉酒店
- 特别安排：体验少数民族特色餐  
(马帮菜, 藏族土司宴, 彝族风味+抬菜舞, 丽江古城风味, 过桥米线, 野生菌火锅, 虹鳟鱼火锅)

- Visit the Immortal's Field and a journey to **Shangri-La's Bai Shui Terrace**
- **Jade Dragon Snow Mountain** - 5A tourist attraction and the sacred mountain of the Naxi people.
- Visit the Shangri-La Hidden Gem - **Balagezong Scenic Area**
- One-way **High-speed rail from Kunming to Shangri-La** (saving up to 8 hours)
- Watch the large-scale live performance of "**Impressions of Lijiang**" directed by **Zhang Yimou**
- Free Professional Photography **Capture Stunning Photos with a Jeep and Dali's Erhai Lake**
- Special Arrangement: **VIP Premium 2+1 Executive Coach**
- Special Arrangement: **Experience traditional Tibetan attire and freely take photos at Songzanlin Monastery.**
- Special Arrangement: **One Night Stay at a Hot Spring Hotel**
- Special Arrangement: **Experience Authentic Minority Cuisine**

天 DAY	早餐 BREAKFAST	午餐 LUNCH	晚餐 DINNER	酒店住宿 ACCOMMODATION
01	-	-	机上用餐 MEAL ON BOARD	海航飞行酒店或同级 HNA FLIGHT HOTEL OR SIMILAR
02	酒店早餐 HOTEL BREAKFAST	高铁用餐 MEAL ON TRAIN	特色火锅+烤肉 STEAMBOAT + BBQ	华美达酒店或同级 RAMADA BY WYNDHAM DIQING HOTEL OR SIMILAR
03	酒店早餐 HOTEL BREAKFAST	藏族风味 TIBETAN CUISINE	藏族土司宴+歌舞表演 TIBETAN TAMPA FEAST + SONG & DANCE	华美达酒店或同级 RAMADA BY WYNDHAM DIQING HOTEL OR SIMILAR
04	酒店早餐 HOTEL BREAKFAST	中式合菜 CHINESE CUISINE	藏族土司宴+歌舞表演 TIBETAN TAMPA FEAST + SONG & DANCE	滇菌王酒店或同级 LIJIANG DIANJUNWANG HOTEL OR SIMILAR
05	酒店早餐 HOTEL BREAKFAST	雪厨小火锅 COUNTY CHICKEN MINI STEAMBOAT	马帮菜风味 MABANG CUISINE	滇菌王酒店或同级 LIJIANG DIANJUNWANG HOTEL OR SIMILAR
06	酒店早餐 HOTEL BREAKFAST	砂锅鱼风味 CLAY POT FISH CUISINE	精品土菜+歌舞表演 LOCAL CUISINE + SONG & DANCE	同兴堂酒店或同级 TONGXINGTAN INN HOTEL OR SIMILAR
07	酒店早餐 HOTEL BREAKFAST	中式合菜 CHINESE CUISINE	酒店用餐 MEAL DINING	温泉半岛度假酒店或同级 HOTSPRING PENINSULA RESORT HOTEL OR SIMILAR
08	酒店早餐 HOTEL BREAKFAST	过桥米线 CROSSING THE BRIDGE RICE NOODLE	野生菌火锅 MUSHROOM STEAMBOAT	-
09	机上用餐 MEAL ON BOARD	-	-	-

### Travel Essentials:

- Passport or Visa - Participants are responsible for ensuring that their passports are valid for at least 6 months from the return date and obtaining necessary visas and permits.
- Travel Insurance - We recommend purchasing comprehensive travel insurance before departure.

### Terms and Conditions:

1. Tour fare quoted is for Malaysian, non-Malaysian surcharge applied.
2. The itinerary, meals, accommodations, and transportation are subject to adjustments without prior notice.
3. The sequence of itinerary, meals, and accommodations will be arranged according to local hosts and weather conditions.
4. In unforeseen circumstances, especially during peak travel seasons, we reserve the right to modify or cancel the itinerary.
5. We shall not be held responsible for any printing errors or omissions in our promotional materials or any other communication media, and reserve the right to rectify such inaccuracies.
6. Each member participating in our tours is responsible for their own safety and conduct.
7. In the event of unforeseen circumstances (such as transportation delays/cancellations, weather, illness, demonstrations, war, etc.) leading to additional expenses, we bear no responsibility, and travelers must bear the extra costs themselves.
8. The above images are for reference purposes only. Actual conditions may vary.

### 旅行必备:

- 参团者需确保护照有效期至少为返程日期的六个月，并取得必要的签证和准证。
- 出发前，我们建议您购买全面的旅游保险。

### 条规:

1. 团费仅适用于大马公民，外国公民则需缴付额外费用。
2. 旅程、膳食、住宿和交通的先后顺序将根据当地接待社和天气情况可能会有所调整，恕不另行通知。
3. 在无法预料的特殊情况下，尤其是在旅游旺季期间，我们将保留修改或取消行程的权利。
4. 若宣传手册或任何传播媒介出现任何印刷错误或遗漏，本社概不负责，并保留更正的权利。
5. 参与本社旅游团的每位成员必须对自己的安全和行为负责。
6. 若发生无法预料的特殊情况（如：交通延误/取消、天气、疾病、示威、战争等），导致额外支出，我们概不负责，旅客需自行承担额外费用。
7. 上述图片仅供参考，请以实际情况为准。

For Agent Use Only :  
仅供代理商使用:

Updated Date 更新日期: **MAY 2024**